

Frequently Asked Questions

What insurances do you accept?

Visit stepworks.com/insurance for a list of participating insurance providers.

Do you use detox medications to help with withdrawals?

Yes, Stepworks is a medical leader in opiate, alcohol, and benzodiazepine detox. No treatment provider can completely remove the discomfort of detox, but our medications and protocols make the process much more comfortable. Our approach helps patients focus on recovery and stay in treatment. We do not use methadone. We do use buprenorphine-naloxone (Suboxone) for patients when appropriate.

Are the treatment centers mixed-gender?

Many of our locations accept both women and men, but we also provide single-gender facilities like the men's center in London. (At mixed-gender facilities, sleeping areas are separated by gender.)

Do you accept pregnant women?

Yes. We request approval from an obstetrician. (We do not accept pregnant patients beyond 36 weeks of their pregnancy.)

Can patients smoke cigarettes at your facility?

Yes, all Stepworks facilities provide a designated outdoor smoking area.

What happens if a PICC Line patient demands discharge before completing their course of antibiotics?

Patients have the legal right to demand discharge against medical advice. We explain the risks and ask them to sign our AMA ("against medical advice") consent form. Their PICC line is removed prior to discharge. Under no circumstances do we release a patient with a PICC line in place.

Visit stepworks.com/faq for other frequently asked questions.

Are you or a loved one suffering from addiction?

Call (800) 545-9031 now.

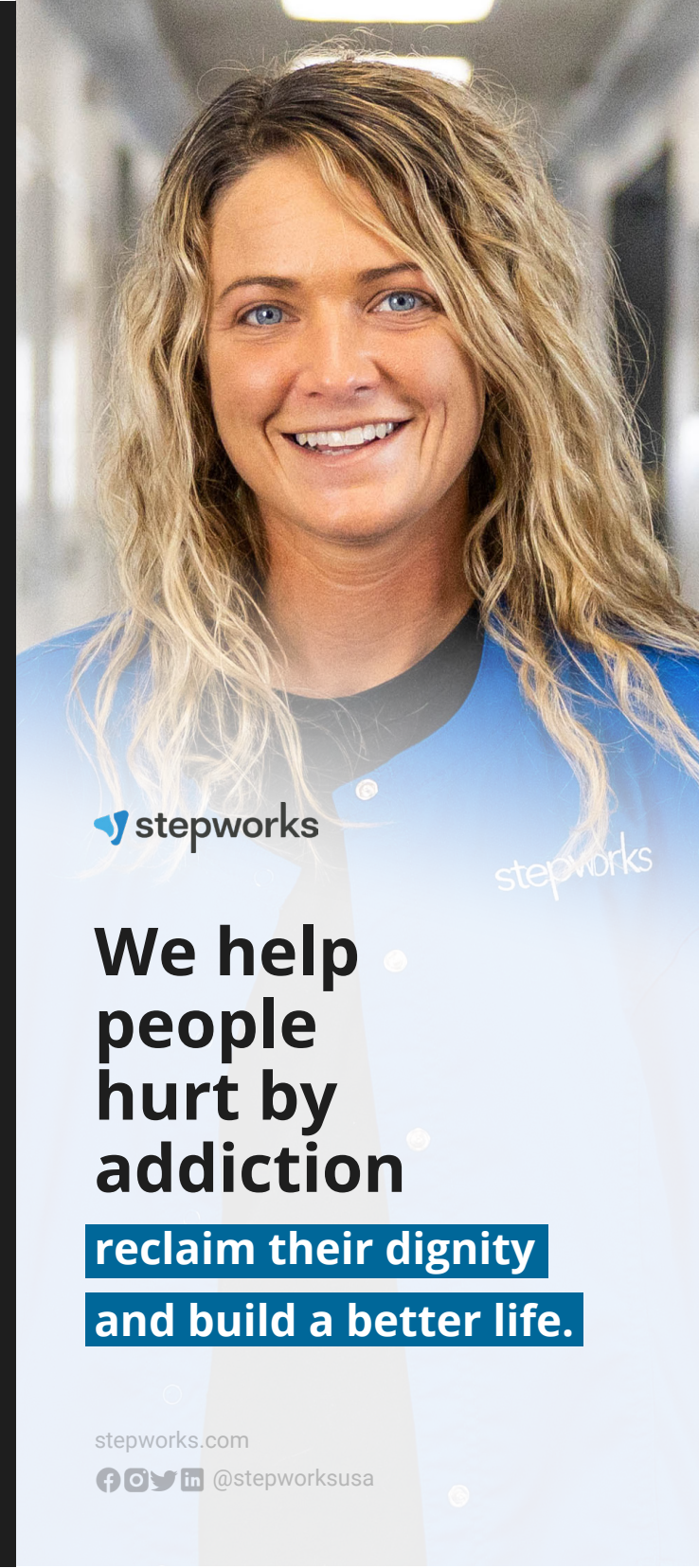
Our friendly access center will answer your questions and make the intake process fast, easy, and confidential.

We'll walk with you.



stepworks.com

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stepworks

We help people hurt by addiction

**reclaim their dignity
and build a better life.**

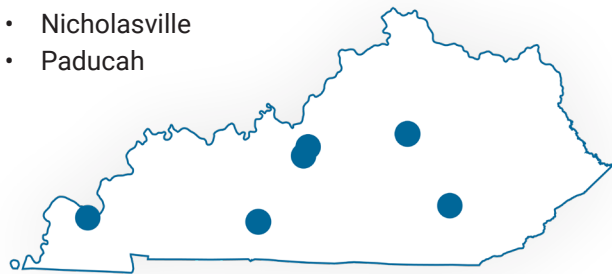
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Treatment Locations in Kentucky

- Bowling Green
- Elizabethtown
- London
- Nicholasville
- Paducah



Stepworks has helped more than 6,000 patients recover from alcohol, heroin, and other forms of substance use. Our treatment philosophy isn't "one size fits all." We provide **customized care** to each patient and **educate family members** about the addiction disease. If you've been hurt by addiction, you're not alone. **We'll walk with you.**

Treatment Services

We offer a variety of programs across the state of Kentucky so you and your family can choose the best recovery option for you.

Alcohol and Opiate Detox

We safely manage the discomfort of withdrawing from drugs and alcohol. Our detox protocols—developed by our board-certified physicians—effectively **lessen withdrawal symptoms**. We create a personalized treatment plan and prescribe medications that are most effective for each patient.

Residential Treatment

Stepworks thirty-day residential program provides education, group therapy, and individual therapy sessions with qualified, compassionate therapists. Our treatment team will collaborate with you to create a customized treatment plan. Our goal is for Stepworks to **feel like home**, a comfortable and authentic environment for healing.

Dual Diagnosis Treatment

Stepworks also treats various co-occurring **mental health conditions** like depression and anxiety. (Substance use must be the patient's primary diagnosis.) Our holistic approach to mental health helps patients achieve better long-term outcomes. Through medication management, group therapy, and individual therapy, we treat the whole person, increasing the likelihood of long-term sobriety.

PICC Line Program

The Stepworks PICC Line program provides residential drug treatment to patients receiving antibiotics through a PICC line or IV. This unique program allows people with infections to get a head start on their recovery. Our qualified medical team administers IV antibiotics and provides **24-hour care** to patients.

Intensive Outpatient and Partial Hospitalization Programs

Our intensive outpatient and partial hospitalization programs provide addiction treatment in a non-residential setting. Patients live at home or in a sober living environment and attend therapy sessions throughout the week. IOP/PHP can be an alternative to residential treatment or a **continuing care** path for patients after residential treatment.

Sober Living

Stepworks Sober Living provides apartment residences, recovery services, accountability, and support. We encourage independent living and practical life skill development. Each resident works with our team to create a customized recovery program. Upon completion, they are equipped to navigate the daily challenges of **long-term recovery**.

What you can expect

- safe, comfortable settings
- individualized treatment plans
- group, individual, and family therapy
- comprehensive addiction education
- continuing care planning
- medical expertise

