



Our mission was to create a place where we would want to send our own families for treatment.

That mission continues to be our guiding principle in the care that we offer those suffering from addiction. At Stepworks, you will discover a team of people who understand addiction and approach each client with the same care they would their own family member.

Stepworks Kentucky Facilities:

Bowling Green | Elizabethtown
London | Nicholasville



Nearly 10 percent of the U.S. population, or 28 million people, suffer from addiction.

That means that addiction is a national epidemic. But it also means that **you are not alone**. Addiction is a life-threatening disease that destroys lives, families, and finances. Where you choose to receive treatment could be one of the most important decisions you'll ever make!

For over a decade, **Stepworks has helped more than 6,000 clients** recover from alcohol, heroin, and other types of substance use.

Stepworks' philosophy of treatment emphasizes the individual instead of a one-size-fits-all approach. We reject the idea that addiction is a sign of moral failure. Instead, we understand it as a disease that affects all aspects of life.

We help families understand what addiction is and how to work through it together. We want everyone who comes through our doors to understand one simple idea: **wherever addiction has led you, there is hope.**

Program Features

You'll find these elements in all of our locations across Kentucky:

- Family, Group, and individual Therapy
- Comprehensive addiction education
- Life skills workshops
- Individualized treatment planning
- Continuing care planning
- Dietician-approved meal menu
- In-house support groups and meetings

Treatment Services

Alcohol and Opiate Detox

Stepworks has a safe detox program for managing discomfort through the initial process of removing drugs or alcohol from your body.

Some people avoid getting help for addiction because they have anxiety about the discomfort that can accompany the process of ridding their body of addictive substances (detox). Stopping use of drugs or alcohol can produce a variety of symptoms. The kind and severity of symptoms depend on each person's level of use and history of addiction.

The Stepworks program for detox was developed by our board-certified addiction medicine physician and is **highly effective in relieving most symptoms**. Trained Stepworks team members will use the detox program to reduce discomfort and ensure client safety where withdrawal symptoms are an issue.

30-Day Residential Treatment

The Stepworks 30-day residential treatment program combines education about the disease of addiction, group therapy with others who are also on a journey to recovery, and individual therapy sessions with a qualified therapist.

Our treatment team will work with you to create a treatment plan that takes into account your unique history of addiction. We've put a lot of effort into making our 30-day residential treatment program feel like home, and we can't wait to share it with you!

PICC Line Program

Stepworks can provide 30-day residential drug treatment to patients currently receiving intravenous antibiotics through a PICC line or other IV.

We can help healthcare systems direct their resources more efficiently while providing addiction treatment to their patients. Stepworks has the appropriate staff, equipment, and protocols for administering IV antibiotics to patients while they participate in our addiction recovery program.

Give us a call:

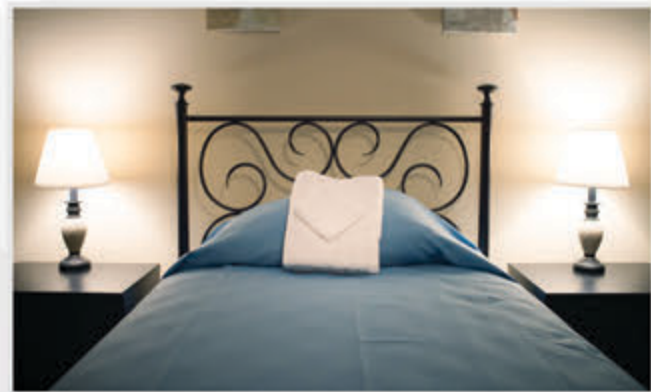
If you think you or a loved one is suffering from addiction, please give us a call. **Our intake process is fast, easy, and confidential.** The Stepworks Intake team will help you begin the process of recovery from the deadly and destructive disease of addiction.

Stepworks Intake:
(800) 545-9031

Visit us on the web:
stepworks.com

 Facebook.com/stepworksUSA
 Stepworks Recovery Centers, LLC





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FAQ

Are the rooms private?

It's a Stepworks core belief that recovery is better together. That means that clients staying at our 30-day residential treatment center will stay in shared rooms, similar to dorm living. We've learned from experience that people cannot recover in isolation. By sharing spaces, you'll become part of a community of people learning together and supporting each other in recovery.

Is it Co-Ed?

Yes, Stepworks accepts female and male clients at all of its locations. The dormitories are separated by gender.

Does Stepworks accept pregnant women?

We do accept pregnant women before they enter their last trimester.

Do you have visiting hours?

Visiting hours are a feature at all Stepworks locations. Each location will have its own set times for visitation.

What do you use for detox?

Our medical director has developed detox protocols that rival many hospital-based detox environments. While we cannot remove all the discomfort of withdrawal, the variety of medications we use can make it much more comfortable than you could imagine.

Because we work to create personal treatment plans for each client, the type of medication offered to an individual client will vary by circumstance, but we have many options to find the right fit for you.

Does Stepworks offer exercise facilities?

Yes, physical activity is incorporated into our daily schedule and encouraged for all clients. All facilities have exercise space and some have basketball courts and volleyball courts.

Getting Started

Addiction Assessment

If you think you might have a problem with substance use, the first step is to talk with a professional to understand the severity of your use. We call this process an Addiction Assessment.

This assessment, completed over the phone by a Stepworks Intake team member, is a simple questionnaire that will help you and your family member understand whether or not you meet the medical criteria for addiction.

Scheduling Your Stay

Once an assessment has been completed, our Intake team will verify insurance coverage and schedule your admission date based on current bed availability at our facility locations across Kentucky. When you have scheduled an admission at one of our facilities, a dedicated team member from that facility will reach out to help you prepare for your stay in the program.

Stepworks currently accepts a variety of private insurance companies as well as Medicaid programs.

For a comprehensive list of accepted insurance providers, contact our Intake team or visit our website.

Stepworks Intake:
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30-Day Residential Treatment & Detox
for Substance Use Disorders

